SWIX RACING SERVICE

WAX RECOMMENDATION

EVENT

Elk River Race, Elk River, MN. Saturday, December 19, 2009, 10 a.m. Start, 10k/20k Skate

FORECAST

Friday night partly cloudy. 10% Chance of Snow showers. Overnight low of around 14F, with humidity in the 80%. Race time temps around 18F at 10:00 a.m., with humidity in the low 80's. Partly cloudy, with a 10% chance of light snow showers. NNW winds 5 mph.

STRUCTURE

Some new snow w/ fine grain transformed snow tilled in. Apply .5mm linear*, or .3mm Linear Broken V.

*Apply after glide waxing is complete; brush out w/ Cera F Blue Nylon Polish Brush.

GLIDE WAX

Base Wax - Swix LF6

Race Wax - HF6BW

Top Coat (for additional speed) - Swix FC78 ironed in.

KICKWAX

N/A